



Bodywork Therapy Seminars

A Division of Hands On Health Massage Therapy & Wellness

CE Updates October 2018

Renewal Time



As a reminder you must complete the following to renew your NC license

Complete 24 CE's from BMBT Approved Providers within a two-year period, including:

- 3 hours in Ethics
- 12 hour Maximum Online Courses
- 12 hour Minimum Live Courses
- For those impacted by hurricane Florence, you can write a letter to the board explaining circumstances for extended time but you must still pay the renewal fee

Welcome To The Team!

With 15 years under his belt Tom feels that Bodywork and Footwork can encourage balance, improve flexibility, improve sleep, optimize performance and calm the mind.

He has 300+ hours invested in Reflexology, and we can't wait for him to share his passion with others.

Coming soon: course descriptions about these and other courses taught by Tom: 3D Stretching & Flexibility, Zoned Out Reflexology, High Performance Feet

Meet Tom by joining him for his first BTS class, Myofascial Release on Tuesday December 11th

We are pleased that Tom Maxson has joined our team of knowledgeable instructors!



Learn more about [Tom Maxson](#)
LMBT #17313

CE HIGHLIGHTS

Here are some highlights from a few of our upcoming classes ...

Business Design For Social & Print Marketing

Tues 10/23 from
9:30am-2:30pm 4 CE |
Laura Ford



This class will demonstrate how the Google apps platform will allow you to create, print, publish, and market quality material seamlessly without the assistance of an expensive graphics designer or marketing team. [Read more](#)

Myofascial Foam Rolling & Movement Repatterning

Fri 10/26 from
9:30am-1:30pm | 4
CE | Laura Ford



Learn self care and client home care relating to opening restricted areas and increasing range of motion. Learn to safely teach these techniques to your clients so that they can practice self massage at home. Gain a better understanding of body mechanics and how they translate to dysfunctions for the body in motion. [Read more](#)

GET EMPLOYED:

HANDS ON HEALTH IS HIRING.

SEEKING FULL TIME AND PART
TIME THERAPISTS. CONTACT

TAMMY@HANDSONHEALTHNC.COM

[New: Join BTS on Facebook!](#)

Learn more: www.BodyworkTherapySeminars.com

All course descriptions, discounts, registration and more!

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